



## **Travel along the North Shore Heritage Trail (25A) and Discover the Secrets Hidden in its Backroads and Byways!**

### ***Stony Brook***

- Select an itinerary for the day or stay for a few days and undertake a comprehensive excursion.
- Avis Car Rental at the Huntington Hilton Long Island Hotel at 631-896-2423.  
For a special discount mention code: H786700. If you prefer to reserve your car online at [Avis@hiltonhotel](mailto:Avis@hiltonhotel) and enter location code: ME2. The special rate is available only at [Avis@hiltonhotel](mailto:Avis@hiltonhotel).
- For Package Vacations, Events and Members' Listing visit our homepage.

The Old Timers of Stony Brook report that rum running occurred quite a bit in this sleepy hamlet. Boats would come in with their whiskey into West Meadow Creek and off load their cargo to a bootlegger that lived one block from the harbor and two blocks from what is now the **Three Village Inn**. He would then distribute it to his customers.

As you drive your Tin Lizzie along 25A and Stony Brook Road, take note of the railroad trestle: located nearby there was a speakeasy during Prohibition- with its own still for making liquor.

Pull Lady Lizzie alongside Stony Brook Harbor where you can take a 1 ½ hour cruise on board The Ward Melville Heritage Organization's "Discovery" wetlands cruise. The 35-passenger pontoon boat will take you through the heart of the wetlands and the naturalist on board will guide you through history, birds and marine life of the area, and **the coves where the bootleggers would anchor undetected!** Cottage owners at West Meadow learned never to question things that went "bump" at night. From time to time they would find several cases of Scotch or Champagne left on their doorstep, probably thrown hastily by a rumrunner making a get-away.



*Stony Brook Wetlands- The Discovery Cruise will take you through a wetlands preserve to see the coves where the rumrunners offloaded their illegal whiskey to their customers.*

If you love the water, you can continue your adventure of Stony Brook Harbor. Rent a kayak or canoe from **Stony Brook Boat Works (181 Shore Road, Stony Brook, NY 11790; 631-751-1230)** to explore Stony Brook's wetlands and estuaries. Glide over rocky shoals, watch abundant sea life, birds and flora. Enjoy the sounds and sights of nature at its finest and explore the wetlands yourself to see how the rumrunners would offload their cargo into secret coves.

Stroll through the Stony Brook Village Center take time to enjoy 35 shops, seven restaurants and the friendly faces that greet you everywhere. Enjoy "Joe Sent Me" menus and specials offered by many of the restaurants.

While shopping in the Village, be sure to stop in front of **The Stony Brook Post Office** where **The Mechanical Eagle** atop the Post Office flaps its wings every hour on the hour from 8:00 a.m. to 8:00 p.m. daily.

Become a LEGEND tonight! Visit the brand new **Legends Day Spa** (97 L Main Street, in the Stony Brook Village Center 631-751-0830) for an organic skincare experience that will make your skin glow. After your facial, don't stop: Look up and you will see **Legends Hair Design** (97 L Main Street, in the Stony Brook Village Center 631-751-0830) where specialists in color and style await to give you a 1920s look. If you say "Joe Sent Me," you'll receive a rejuvenating scalp massage with your hairstyle and a 1920s headband (it will be free to you and amazing, of course!). Finally, you must visit **Flair Designer Boutique** (85 Main Street in Stony Brook Village Center 631-689-2992) for that perfect dress with a 1920s splash before you make your entry out on the town.

Indulge yourself in a Great Gatsby experience with a Mimosa Champagne Facial at the **Age of New Beginnings Spa (97D Main Street, in the Stony Brook Village Center; 631 675-2762)**. This facial will have you feeling as intoxicated as if you just left a grand gala from The Gatsby Era. After your facial, visit **Legends Hair Design (97 L Main Street, in the Stony Brook Village Center; 631-751-0830)** for a 1920's or a hairstyle of your choice. If you say, "Joe Sent Me", you'll receive a rejuvenating scalp massage with your hairstyle and 1920's headband (it will be free to you and amazing). Then you'll want to visit **Flair Designer Boutique (85 Main**

**Street, in the Stony Brook Village Center; 631-689-2992)** for that perfect dress with a 1920's look before you step out on the town

In the rear of **Stony Brook Village Center (111 Main Street Stony Brook, NY 11790; 631-751-2244)** you will find the **Educational and Cultural Center** which houses exhibits and cultural performances throughout the year. Twice a year you can take in a "High-Tea Luncheon" performance such as "Home with...Ginger Rogers" or "Home with...Bob Hope" featuring delightful finger sandwiches and scrumptious desserts. While at the ECC, be sure to stop by the gift shop!

Did you know that **The Stony Brook Grist Mill** in the early 1800's was also winery called "Lakeside Winery"? It may be Long Island's first commercial winery. Visit the Grist Mill, by continuing to walk down Main Street to T. Bayles Minuse Park and Mill Pond where you can also feed the ducks. Across from the Mill Pond you will see this Stony Brook Treasure. Listed on the National and New York State's Register of Historic Places and the New York State Revolutionary War Heritage Trail site, it is Long Island's most completely equipped working Grist Mill. Take a tour of the Grist Mill and watch the only female miller in the United States grind the grain into flour. Open Saturday & Sunday, Noon – 4:30 p.m., April – October.

As your first day in Stony Brook ends, there are a variety of restaurants and hotels to complete your stay. You'll want to stay a few more days because there is so much to see and do.

While in Stony Brook Village, you will find **Pentimento Restaurant (93 Main Street, Stony Brook, NY 11790; 631 689-7755)**, which offers fresh homemade pastas, Italian style tapas and a full bar and wine list. Tell them that "Joe Sent Me" for their special menu. Enjoy live music Wednesday through Friday evenings starting at 7:30pm.

If you're looking for lighter fare for lunch or dinner, try **Fratelli's Market Place (77 Main Street, Stony Brook, NY 11790; 631 751-4445)**. Enjoy a delicious plate of pasta, deli sandwich, Panini or slice of gourmet pizza. Ask for their "Godfather Sandwich" but make sure you have a big appetite!

A little further from Stony Brook Village is **The Country House Restaurant c. 1710 (Route 25A Stony Brook, NY 11790; 631-751-3332)**, voted Most Romantic Restaurant on Long Island, by AOL City Guide 2007. On arrival, tell the host "Joe Sent Me" and you will be given the special menu that will bring you back in time to The Country House during Prohibition. While you are there, ask the owner to tell you one of the prohibition-area stories...it seems that the former owner of the Country House worked for many years at the Stork Club (located in New York City), which was a famous speakeasy.

The **Three Village Inn (c.1751) (150 Main Street Stony Brook, NY 11790; 631-751-0555)** is in the heart of Stony Brook Village and offers cottages that overlook the harbor or you can stay in the historic Inn. After checking in, plan to have a drink in the Inn at **Mirabelle Tavern** or dinner at **Mirabelle Restaurant**. Tell them "Joe Sent Me" for their special menu.

You may want to complete your day at the Award Winning **Holiday Inn Express Stony Brook (3131 Nesconset Highway, Stony Brook, NY 11720; 631-471-8000)** featuring 143 beautiful

appointed guest rooms, including spacious two-and three-room oversized suites. The hotel offers free HOT deluxe continental breakfast, high speed wireless internet connection, indoor pool, and a fully equipped fitness center.

While at the hotel take advantage of their basketball courts, tennis court, softball field, beach volleyball, putting green, horseshoe courts and picnic area with barbeque grills. Be sure to check out their package specials and don't forget to mention "**Joe Sent Me**" for 10% off Best Flex Rates!

On day two of your visit, you will not want to miss **The Long Island Museum of American Art, History and Carriages (1200 Route 25A Stony Brook, NY 11790; 631-751-0066)**. A nine-acre site with three museum buildings house a total of 13 galleries to explore of American Art, History and Carriages.



*Long Island Museum's 1920's Transportation Map- it highlights transportation routes used on Long island through Prohibition, including 25A and Vanderbilt Motor Parkway, the latter eventually gaining a reputation as "Rumrunners Road."*

Visit the Gallery "Going Places" which focuses on the history of transportation on Long Island. See the map, which highlights the roadways on Long Island including the **Vanderbilt Motor Parkway**. During the Prohibition years, the Parkway gained a reputation as "**rum runner's road**." This is because the parkway was privately owned and operated away from official police jurisdictions. Bootleggers found the parkway the quickest, safest distribution route between New York City and Long Island.

Be sure to visit the world renown **Stony Brook University**, just one mile from Stony Brook Village. Check out the fossils discovered in Madagascar by Stony Brook Paleontologists. There is a permanent display in the Administration Building on the Main Campus. There is a 20 foot long top predator of its day, *Majungasaurus Crenatissimus*, affectionately called Stony Bones. Admission is free. After viewing the past, be sure to stop and cheer for the Seawolves, Stony Brook's 20 intercollegiate sports teams. Enjoy football or lacrosse games at the Kenneth P. LaValle Stadium or catch a baseball game at Joe Nathan Field (all on main campus). Before you leave the main campus, check out performances at the Staller Center. You may want to extend your stay another day just to see one of these outstanding performances. The **Staller Center for the Arts (2031 Staller Center Stony Brook, NY 11794; 631-632-2787)**, named in memory of **Max and Mary Staller**, offers a wide variety of world class performances from September through May and presents the Stony Brook Film Festival every July. Over 50 professional performances, as well as approximately 450 events generated by the departments of **Art, Theater Arts, and Music**, are part of the Staller Center season and are supplemented by those

outside presenters such as **the Long Island Philharmonic** and the **Seiskaya Ballet**, which presents *The Nutcracker* at holiday time.

Don't forget to see the rest of the fossils on the **University's East Campus** at the **Stony Brook University Medical Center**. Located in the main lobby, the exhibit features reconstructions of three fossils including a beach ball sized frog, a vegetarian crocodile and a small meat eating dinosaur named after rock star Mark Knopfler. Admission free.

On Sunday evenings during July and August, enjoy a free "Summer Concert on the Green!" A series of live music events performed in front of the Stony Brook Post Office from 7-9 p.m. Be sure to bring a blanket or lawn chair. You may want to pick up dinner and a bottle of wine at Lakeside Wine Emotions in the Village to enjoy on the Village Green during the concert.

After visiting the beautiful Village of Stony Brook, you might just find – as thousands of others have - it's the perfect place to live. **Daniel Gale Sotheby's International Realty (1173 North Country Road Stony Brook, NY 11790; 631-689-6980)** will help find you the perfect place for you and your family to rent or to buy.

As you leave Stony Brook and carry these memories with you, travel Route 25A through Setauket. As you make your way to Port Jefferson, hear the story of the spies who helped George Washington win the Revolutionary War through the **George Washington's Culper Spy Ring**. Call **the Long Island North Shore Heritage Area** Audio Tour at **516-628-1066** for all the details.

Don't forget, **Gold Coast Bank** can take care of your banking needs when traveling the North Shore of Long Island with locations in Huntington and Setauket. **Visit their Setauket branch at 690 Route 25A, Setauket, New York, 11733, 631- 675-2860.**

Finally, you may be interested to know that the following films were shot in Stony Brook:

**Growing Up Twisted (TV) (2010)**

**Here and There (2009)**

**Too Far To Go (1979)**